We know the end of the semester can be challenging, but we also know that you're strong, resilient, and creative! Throughout the last weeks of the semester, the Counseling Center will be throughout campus with ways to de-stress and get motivated to finish strong!

**Wednesday, December 1**  
2-4 p.m. Lincoln Hall

**Thursday, December 9**  
12-4 p.m. Grainger Library

**Friday, December 3**  
12-4 p.m. Illini Union

**Thursday, December 9**  
4-7 p.m. Campus Rec

**Monday, December 6**  
12-4 p.m. ISR--Lower Level

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**Student Affairs Counseling Center**  
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